



**Dr Rachel Cameron, BSc (Hons1) (Pathology) PhD (Medicine)**

Dr Rachel spent a long time studying what causes disease (i.e. pathology) at university. This took nearly 10 years at the University of Sydney and Stanford University in the USA. Since then, she has spent the last 20 years working in a number of varied roles in the health sector:

- developing new treatments (including drugs) for a range of diseases such as cancer, how to best deliver them, and how they can be improved,
- working in the Medical Communication and Information team, for a large international drug company that specialised in making cutting edge cancer treatments, including targeted therapies. She developed information on how a range of drugs worked as well as their expected side-effects, and delivered this information to doctors, pharmacists, nurses, patients and their families via the telephone, in writing and through seminars and training programs for five years,
- setting up a new wing of a mental health recovery hospital within an existing rehabilitation facility,
- teaching at Sydney, Melbourne, and Monash universities and at the Southern School of Natural Therapies on a range of topics. This teaching has spanned over 20 years. Dr Rachel has taught doctors, nurses, scientists, her staff and the public on a range of health-related topics. Topics including many of the most complex new cancer treatments to health professionals and delivery of over 500 seminars to the public on 'Healthy Sleep',



### *Making Sense of Cancer*

- working as a Life, Leadership, Career and Executive Coach, which all have a different focus depending on client's individual needs, and
- working with the National Disability Insurance Scheme (NDIS), as a planner for participants and their families.

During her cousin's battle with brain cancer, she arranged access to an experimental medicine for his tumour, through her knowledge, networks and understanding of the process known as 'Compassionate Access'. This knowledge helped to get the medicine from the drug company for free, saving her family over A\$30,000. Dr Rachel also understands the clinical trial process for new medicines and can facilitate entry, if appropriate.

Today she is more interested in reversing cancer progression (rather than what caused it) and implementing more pro-active approaches. She is a strong and passionate advocate for preventative medical approaches, which she will discuss with you if you decide to work together on an ongoing basis. She has walked in your shoes, alongside friends, family and others. Cancer is not something anyone should experience, but if you are, Dr Rachel can help you.

When you are ready, willing and able to make a change in your circumstances, the team at Health Equals Freedom are here to help you focus on the positives and make substantive changes to your health.

In summary, Dr Rachel finds simplifying health topics and helping people like you very rewarding, especially when you are very vulnerable and in need of support.